

**Important points:**

Fuse the ends of the webbing (we use a candle) to prevent fraying.

Sew 5-6 times back and forth so the sewing holds up.

We've found that the best way to punch holes in the webbing is with a soldering iron (medium size) - it cuts the hole and sears it at the same time.

Use locking nuts when bolting the webbing to the foot plate - hex nuts with the nylon inserts work well.